

**PRIME COLLEGE
OF
NURSING FAISALABAD**



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**PRIME COLLEGE
OF
NURSING FAISALABAD**

Prospectus

**Prime College of
Nursing**

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AL-TIRMIZI, HADITH 74

"The Seeking of Knowledge Is Obligatory for Every Muslim"

The Importance of Education, According to Sayings of Prophet Muhammad (SAW) Prophet Muhammad (SAW) spent his life teaching the principles of Islam and the law laid down by Allah Almighty to the people around him. Every Muslim means every Muslim. The Prophet (PBUH) drew no lines there.

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Vision Statement

Our vision is to be recognized nationally and internationally for the innovation and excellence in Health Professionals education, and contributions to advancing health care practice.

Mission Statement

Educating students for academic and career achievements through the development of critical thinking, effective communication, creativity and cultural awareness in a safe, accessible and affordable learning environment.

Chairman's Message



Chairman
Prime College of Nursing

I am elated that you are thinking of joining us and thousands of other students and employers who are already a part of our educational group. By studying with us, you can get more out of life, improve your qualifications, and make progress into a new job or within your existing career. You can create the future you want by selecting the huge variety of courses available at our College. . I, therefore, would like to encourage all students to acquire right education through right educational institution. I appreciate both the parents and the students for having made a right choice of deciding the Prime College of Nursing. Education at Prime College of Nursing is neither just about academic brilliance nor a consistent return, but an ambience where professionalism and competency meet together. The institute undertook a series of reforming exercises to become what it has become today.

Thanks for showing your interest in Prime College of Nursing. We strive to serve the society by rendering effective quality education. To accomplish this, we have endeavored to create a world class educational institute to cope with ever changing Prime is delivering quality education. Apart from providing a sound education, aims to provide students holistic learning experience for life. Our aim is to teach students to LEARN not

Dr. Taimoor Ali
Chairman
Prime College of Nursing, Faisalabad

Director's Message



Director
Prime College of Nursing

Welcome to the future leaders and productive citizens of the nation, I would like to stress on our mission of grooming young minds and Healthcare professionals as the pillars of advancement of a nation and hope of the future. At Prime College of Nursing, we pledge to spread this motto 'learn, believe and achieve' and understand that knowledge has more value when you put it into practice. Our students do not confine themselves to the realm of four walls of classroom. We believe in holistic education which encompasses academics, extra-curricular activities and lifelong learning so that we can prepare young minds that are teeming with self-confidence and motivation. Moreover, educating the mind without character building is no education at all. So, we inculcate human values like compassion, honesty, determination and perseverance in our students so that they can become the leaders of tomorrow. Faculty vitality is the main ingredient to enhance Healthcare Professionals' education and competence. Our faculty is highly equipped and well trained in every aspect to execute this glorious task of mentoring the students.

Dr Ali Ahmad

Mrs. Sughra Majeed



Principal

MSN, POST RN (BSN) RN, RM, Post
Basic Specialty (A&E, Pediatric)

Introduction

Prime College of Nursing Faisalabad has established a state of the art College for nursing education in 2023. The college is currently launching BS Nursing (Generic) 4-year degree program, BSM 4Years degree Program along with the offering, Lady Health Visitor (LHV) 2year diploma, Post Basic Specialty in Accident & Emergency 1year diploma and Post Basic Specialty in intensive Care Unit 1year diploma. The Prime College of Nursing Faisalabad (PCNF) is operational and equipped with latest teaching and research Facilities for nursing graduates. Tertiary care hospital, rehabilitation center, digital library state of the art hall and well equipped labs are few main features of the college designed to meet the international standards. The college has affiliation with Tertiary care hospitals of the Faisalabad city for clinical placement of the students. The college also focuses on continuous professional development and faculty development programs through conducting and participating in seminars, workshops and conferences.



Why Prime College of Nursing

1. Accreditation & Affiliation

Accreditation

Pakistan Nursing & Midwifery Council

Affiliation

University of Health Sciences Lahore (Under process)

Nursing Examination Board Punjab Lahore

2. Class Room Learning

Class rooms are air conditioned and equipped with Multimedia, LEDs and White Boards.

3. Skill Lab

Skill Lab is an integral part of clinical learning where students learn a variety of psychomotor skills. Skill Lab provides an opportunity for students to strengthen their critical thinking and decision making skills under supervision of teachers. Prime College of Nursing' skill labs are equipped with models, bones, charts, mini wards with patient beds and care documenting charts, basic skill procedures, multifunction manikins and simulators for First aid/BLS.

4. Science Lab

. Prime College of Nursing provide the facility of separate science lab where students can perform basic science experiments. Science Labs are equipped with necessary skill procedures for physiology, biochemistry and microbiology including analytical techniques for all laboratory based investigations within biological and life sciences areas.

5. Computer Lab

For all computer related work students utilize computer lab with full-fledged internet facility. Computer Lab also has English Language Learning Centre with separate Reading, Writing, and Listening and Speaking resources.





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6. **Central Library**

Central library is located within campuses where students have access to thousands of textbooks, reference books, e-books, journals and internet based computer facility for literature search.

7. **Hospital Based Clinical Facilities**

For clinical placement, Prime College of Nursing has affiliation with major private sector hospital within the vicinity of College. Hospitals provide students exposure to a number of clinical disciplines related to all areas of medical and surgical care, pediatrics, Gynae and Obs, Outdoor clinical facilities and leadership & management facilities.

8. **Community Based Clinical Facilities**

In order to promote vision of versatility in training of its students; . Prime College of Nursing is linked to primary health care centers and maternal & child health care centers. In addition, students organize also rotate through various field visits like Community surveys, NGOs, Fountain House, Milk Plant and Slaughter House.

9. **Co-Curricular Activities**

As part of co-curricular activities, Prime College of Nursing arrange curriculum based health promotion and prevention activities like school education and community medical camps, workshops, seminars and conferences each year.

10. **Extra-Curricular Activities**

As part of extra-curricular activities, Prime College of Nursing arrange annual sports gala where students actively participate indoor games i.e. Ludo, Carom Board, Darts, Musical Cahir and outdoor games i.e. Cricket, Badminton, Foot Ball, Tug of War, Race. Students also participate in debates and cultural activities.

11. **Financial Assistance for Students**

Students of Prime College of Nursing have opportunity to avail financial assistance on need based and merit based criteria.

12. **Hostel Facility**

Hostel facility is available only for female students.

Program Offerings

NURSING PROGRAMS

1. Degree Programs

- 04 Years Bachelor of Science in Nursing (BSN)
- 04 Years Baccalaureate Studies of Midwifery (BSM)

2. Diploma Programs

- 02 Years Lady Health Visitor (LHV)
- 01 Year Post Basic Diploma (Accident & Emergency)
- 01 Year Post Basic Diploma (ICU)

Programs Overview

04 YEARS BACHELOR OF SCIENCE IN NURSING (BSN)

Program Objectives

Upon graduation, students will be able to demonstrate responsibility and accountability to the nursing profession by:

1. Adhering to established patterns of professional practices, which support the legal, religious, and ethical tenets of Pakistan.
2. Incorporate the nursing process to provide safe, competent, and holistic nursing care to patients/clients in a variety of settings.
3. Utilizing effective critical thinking and problem solving skills in their professional practice.
4. Utilizing scholarly skills by using scientific methods in critiquing and applying existing nursing theories and research findings in practice settings.
5. Utilizing effective oral and written communication skills in interpersonal and professional interactions with clients, families and other professionals.
6. Demonstrating competence in the use of available resources to support the identified needs of individuals, families, and communities.
7. Demonstrating the ability to coordinate activities related to the provision of health care for clients in various settings.

Curriculum Overview

1st Professional Year

SR.	COURSE TITLE	THEORY	CLINICAL	SKILLS/L	TOTAL
1	Fundamental of Nursing- I	2.00		2.00	4.00
2	Microbiology	2.50		0.50	3.00
3	Anatomy & Physiology- I	3.00			3.00
4	Biochemistry for Nurses	2.00		1.00	3.00
5	English- I	2.00			2.00
6	Computer Skills			1.00	1.00
7	Fundamentals of Nursing- II	2.00	1.00	1.00	4.00
8	Anatomy & Physiology-II	3.00			3.00
9	Community Health Nursing-I	2.00	1.00		3.00
10	Applied Nutrition	1.00			1.00
11	English- II	2.00			2.00
12	Islamiat	2.00			2.00
	YEAR 1 TOTAL				33.00

2nd Professional Year

SR. NO	COURSE TITLE	THEORY	CLINICAL	SKILLS/LA	TOTAL
1	Adult Health Nursing- I	4.00	3.00	1.00	8.00
2	Pathophysiology-I	1.75		0.25	2.00
3	Health Assessment –I	1.00		1.00	2.00
4	Pharmacology- I	2.00			2.00

5	Mathematics	1.00			1.00
6	English – III	2.00			2.00
7	Adult Health Nursing- II	4.00	3.00	1.00	8.00
8	Pathophysiology- II	2.75		0.25	3.00
9	Health Assessment – II	1.00		1.00	2.00
10	Developmental Psychology	2.00			2.00
11	Pharmacology – II	2.00			2.00
12	English – III	2.00			2.00
13	Nursing Ethics	1.00			1.00
	YEAR 2 TOTAL				37.00

3rd Professional Year

SR.	COURSE TITLE	THEORY	CLINICAL	SKILLS/LAB	TOTAL
1	Pediatric Health Nursing	3.00	3.00	1.00	7.00
2	Community Health Nursing- II	2.50	2.50	1.00	6.00
3	Teaching/Learning Principles & Practices	3.00			3.00
4	English- V	2.00			2.00
5	Mental Health Nursing	3.00		3.00	6.00
6	Introduction to Biostatistics	2.50		0.50	3.00
7	Behavioral Psychology	3.00			3.00
8	Epidemiology	2.00			2.00
9	English- VI	2.00			2.00

10	Culture, Health & Society	2.00			2.00
	YEAR 3 TOTAL				36.00

4th Professional Year

SR.	COURSE TITLE	THEORY	CLINICAL	SKILLS/LAB	TOTAL
1.	Critical Care Nursing	2.50	4.00	0.50	7.00
2.	Introduction to Nursing Theories	2.00			2.00
3.	Leadership & Management in Nursing	2.00	1.00		3.00
4.	Nursing Research	3.00			3.00
5.	English-VII	2.00			2.00
6.	Community Health Nursing-III	2.00	3.00		5.00
7.	Nursing Seminar / Role Transition	2.00			2.00
8.	Clinical Practicum		4.00	1.00	5.00
	YEAR 4 TOTAL				29.00

BSM (Baccalaureate studies of Midwifery)

Midwifery is a distinct profession than nursing in its own rights i.e., definition of title, scope of practice, philosophy, code of ethics, education, competencies, and services. Well educated and skilled midwives will contribute to improving maternal, neonatal, and child health. This document proposes a new midwifery education program to prepare midwives to provide quality care to women and children. The goal is to establish exemplary programs at the undergraduate level that lead to excellence in evidence-based midwifery practice, teaching, and leadership. The higher education programs in midwifery will serve as exemplar for Pakistan and region.

Professional Responsibilities of Midwives

- a. Midwives hold in confidence client information in order to protect the right to privacy, and use judgment in sharing this information except when mandated by law.
- b. Midwives are responsible for their decisions and actions and are accountable for the related outcomes in their care of women.
- c. Midwives may decide not to participate in activities for which they hold deep moral opposition; however, the emphasis on individual conscience should not deprive women of essential health services.

Scheme of Studies(BSM (Generic 4 year Program)

Semester-I

Semester-2

Course Title	Credit Hours	Course	Course Title	Credit Hours
1. Foundation for Midwifery	3	1	Information and Communication Technology	3
2 Pakistan Studies	3	2	Communication skills	3
3 Anatomy and physiology	3	3	Midwifery Sciences 1 (Bio-Chemistry/Physics)	3

4 Midwifery Skills		3	4	Health assessment for women and newborn		3
5 Microbiology		3	5	Numeracy (Mathematics)		3
6 English 1 (reading and listening)		3	6	Life Cycle Nutrition		3
	Total	18			Total	18
Semester-3			Semester-4			
Course Title		Credit Hours	Course	Course Title		Credit Hours
Breast feeding and lactation		3	1	Pharmacology for Midwives 2		3
2 Management 1 Care during Healthy		3	2	Care for normal Labour/Birth		3
3 Pregnancy		3	3	Breast feeding and lactation		3
4 Midwifery Sciences 2		3	4	Management 2		2
5 Pharmacology for Midwives 1		3	5	Health Education & Counselling		2
6 English 2- (Writing skills)		3	6	Ethics and Laws		2
	Total	18			Total	15
Semester-5			Semester-6			
Course Title		Credit Hours	Course	Course Title		Credit Hours
Public Health for Midwives		3	1	Complications during Pregnancy		3
2 Care during Healthy PP/NB & Family		3	2	Complications during Labour/Birth		3

3 English III (Speaking)	3	3	Biostatistics for Midwives		3
4 Respectful Maternity care	3	4	Sexual & Reproductive Health		3
5 Family planning and post abortion care	3	5	Cultural diversity		3
6 Islamiat	3	6	family care		3
Total	18			Total	18
Semester-7			Semester-8		
Course Title	Credit Hours	Course	Course Title		Credit Hours
1 Research and Reproductive epidemiology	3	1	Evidence Based Practicum – Project based		6
2 Perinatal Mental Health	3	2	Role Transition for midwives		3
3 Early Childhood Development	3	3	Professional Trends and Issues in Midwifery		3
4 Integrated Management of Childhood Illness & Immunization	3	4	Alternative and complimentary therapies in midwifery		3
5 Complications during PP/NB	3				
6 Families	3				
Total	18			Total	15



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01 Year Post Basic Diploma (PBD)

POST BASIC DIPLOMA IN ACCIDENT EMERGENCY CARE NURSING

Program Objectives

The Course member will be able to:-

1. Skilled in all aspects of Accident & Emergency Care Nursing by improving physical, social, emotional and intellectual well being of the patient.
2. Able to use therapeutic communication skills and establish good relationships with the patient, family and colleagues.
3. Able to priorities patient individual needs and implement the systematic approach to enhance nursing standards.
4. Able to manage and organize unit/department as per protocols.
5. Develop the learner's ability to respond to changing needs in Accident & Emergency care in an analytical way.
6. Communicate effectively in application of nursing process in serious ill cases.
7. Develop knowledge and competency in the area of emergency.

Curriculum Overview

S.No	Fundamental Courses	Total Hours Theory	Total Hours Practical
1.	Respective Discipline / Specialty	230	710
2.	Advance Concept Nursing	50	125
3.	Health Assessment	50	125
4.	Leadership and Management	40	00
5.	Microbiology	15	38
6.	Research and Biostatistics	30	76
7.	Pharmacology	20	00
8.	English	15	38
9.	Computer	15	38
10.	Total	Total 465	Total 1210

01 Year Post Basic Diploma (PBD)

POST BASIC DIPLOMA IN CARDIAC CARE NURSING

Program Objectives

The Course member will be able to:-

1. Skilled in all aspects of Cardiac Care Nursing by improving physical, social, emotional and intellectual wellbeing of the patient.
2. Able to recognize the individual needs of Cardiac ill patients.
3. Able to use therapeutic communication skills and establish good relationships with the patient, family and colleagues.
4. Able to priorities patient individual needs and implement the systematic approach to enhance nursing standards.
5. Able to manage and organize unit/department as per protocols.
6. Develop the learner's ability to respond to changing needs in critical care in an analytical way.

Curriculum Overview

S. No	Fundamental Courses	Total Hours Theory	Total Hours Practical
1.	Respective Discipline / Specialty	230	710
2.	Advance Concept Nursing	50	125
3.	Health Assessment	50	125
4.	Leadership and Management	40	00
	Microbiology	15	38
5.	Research and Biostatistics	30	76
6.	Pharmacology	20	00
7.	English	15	38
8.	Computer	15	38
9.	Total	Total 465	Total 1210

02 Years Lady Health Visitor (LHV)

Program Objectives

1. Safe, competent and autonomous midwifery care within the scope of practice during antenatal, intra-partum and postpartum period.
2. Conduct of normal deliveries including appropriate monitoring, intervention and referral.
3. Screening, monitoring and recognizing early signs of obstetric complications.
4. Appropriate referral and working collaboratively with doctors when things are no longer normal
5. Essential newborn care involving the family and manage the newborn appropriately: competently resuscitate if required, care for un well baby, and refer as needed.
6. Competent management of obstetric and neonatal emergencies and enlist medical help where available

Curriculum Overview

LHV 1st Year

Topic	Theory	Practical	Hours
Unit 1 basic nursing care			
Orientation		72	72
General anatomy and physiology	30	30	60
Microbiology	20	6	26
Pharmacology	20	6	26
First Aid	20	10	30
Basic nursing care	70	140	210
	160	264	424
Topic	Theory	Practical	Hours
Unit 2 Introduction			
Introduction to midwifery	30	6	36
Unit 3 Anatomy and physiology			
Reproductive System: Female pelvis	12	3	15
Female external genitalia	12	3	15
Male reproductive system	6	0	6
Physiology of reproduction: Fertilization	20	10	30
Fetal skull	4	6	10
Unit 4 Pregnancy			

Preparing for pregnancy	6	30	36
Infertility	6	0	6
Physiological changes of pregnancy	6	30	36
Antenatal care	6	54	60
Unit 5 Normal labour			
Management of first stage of labour	12	148	160
Physiology and management of second stage of labour	12	148	160
Physiology and management of third stage of labour	12	148	160
Unit 6 Puerperium			
Management of puerperium	6	54	60
Family planning	12	54	66
Unit 7 Abnormalities of pregnancy, labour and puerperium			
Abnormalities of early pregnancy	6	24	30
Sexually transmissible diseases in pregnancy	6	24	30
Disorders caused by pregnancy	6	24	30

Disorders of pregnancy	6	24	30
Diseases associated with pregnancy	6	24	30
Multiple pregnancy	6	24	30
Prolonged pregnancy and disorders of uterine action	6	24	30
Malpositions and malpresentations	6	24	30
Obstetric emergencies	6	24	30
Complications of third stage of labour	12	48	60
Unit 8 The newborn			
Care of the newborn	12	162	174
Breastfeeding	6	48	54
Unit 9 Community Midwifery and Health Education			
Community Midwifery	36	84	120
Health Education	12	54	66
English	122	-	122
TOTAL	416	1306	1722

LHV 2ND Year

Sr No	Subject	Theory	Practical
1	Public health Practice and administration	30	30
2	Primary Health Care	30	30
3	M.C.H	45	250
4	Family Planning	30	75
5	Food & Nutrition	30	40
6	Child Survival	30	40
7	Hygiene	70	140
8	Epidemiology and communicable diseases	50	60
9	Health Education	50	20
10	School Health Services	15	15
11	Statistics and record	15	15
12	Public health care management and supervision	30	-
13	Training of indigenous dias and TBAs	10	30
14	English	122	-
	Total	577	875
	Vacation	4weels	132 hrs
	Public Holidays	3weeks	99Hrs
	Medical Leaves	1 week	33 HRs
		8 Week	264 Hrs
	Total Hours		1716
	Less		264
	Theory & Practical		1452

Admission Process

BASIC ELIGIBILITY CRITERIA FOR ADMISSIONS

Nursing Programs

1. **04 Years Bachelor of Science in Nursing (BSN)**
 - **Qualification:** FSc (Pre-Medical) with 50% marks minimum
 - **Age Limit:** 14-3 years
 - **Gender:** Both Male and Female
2. **04 Years Baccalaureate studies of Midwifery (BSM)**
 - **Qualification:** FSc (Pre-Medical) with 50% marks minimum
 - **Age Limit:** 14-35 years
 - **Gender:** Female only
3. **02 Years Lady Health Visitor (LHV)**
 - **Qualification:** Matric Science with 45% marks minimum
 - **Age Limit:** 14-35 years
 - **Gender:** Female only
4. **01 Year Post Basic Diploma (PBD)**
 - **Qualification:** Registered Nurse (RN)
 - **Gender:** Both Male and Female



DEPARTMENT OF STUDENT AFFAIRS

The first contact that a prospective student makes with the college for admission is through the department of Student Affairs. That is the beginning of a lasting and caring relationship, which extends even after the graduation of student from college. Student Affairs department functions as a friend, counselor and facilitator to each and every student of Prime College of Nursing Faisalabad.

The Department provides and coordinates various functions including: -

- Admissions
- Financial Assistance Guide
- Hostel Accommodation Guide
- Pre-registration with Pakistan Nursing & Midwifery Council, Punjab Medical Faculty Lahore.
- Registration with University of Health Sciences and Examination Boards Lahore i.e. NEBP.
- Organization of co-curricular and extra-curricular activities.
- Verification of Certificates/diploma/Degree through examination department.
- Organization of Graduation Ceremony.
- Maintenance of alumni record and Transcript/Degree issuance.

The office also serves as liaison between college and parents. Student Progress Reports and attendance status are regularly sent to the parents. Parents are called upon for time-to-time parent teacher meeting for student's academic and discipline issues.

For smooth coordination between parents and college, all parents/guardians are requested to update their mailing addresses, contacts and Email IDs with Student Affairs all the time.



DRESS CODE / UNIFORM POLICY

DRESS CODE FOR NURSING PROGRAMS

1. **04 Years Bachelor of Science in Nursing (BSN)**

FOR GIRLS

White Shirt (Full Sleeves & Knee Long) White Shalwar Dopatta: **1st Yr Red, 2nd Yr Blue, 3rd Yr Pink, 4th Yr Green** Black Sweater (In winter)
Black Socks with Black Shoes

FOR BOYS

White Shirt (Full Sleeves) Grey Trouser Necktie
Black Sweater (In winter)
Black Socks with Black Shoes

2. **04 Years Baccalaureate studies of Midwifery (BSM)**

FOR GIRLS

White Shirt (Full Sleeves & Knee Long) White Shalwar Dopatta: **1st Yr Red, 2nd Yr Blue, 3rd Yr Pink, 4th Yr Green** Black Sweater (In winter)
Black Socks with Black Shoes

3. **02 Year Lady Health Visitor (LHV)**

White Shirt (Full Sleeves & Knee Long) White Shalwar Circular Dopatta: **Ribbon Red** with White Overall
Black Sweater (In winter)
Black Shoes with Black Socks

4. **01 Year Post Basic Speciality (A&E, ICU)**

White Shirt (Full Sleeves & Knee Long) White Shalwar Circular Dopatta
White Overall
Black Sweater (In winter)
Black Shoes with Black Socks



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